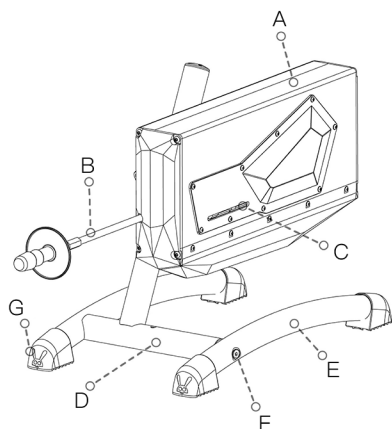


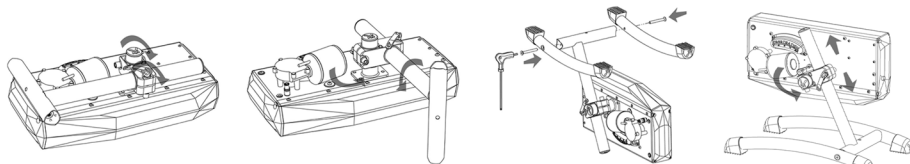
Meet ALPHA



- A Head unit
- B Thruster rod assembly
- C Thruster rod securing slot
- D Leg T-piece
- E Curved legs (left / right)
- F Leg bolts
- G Feet

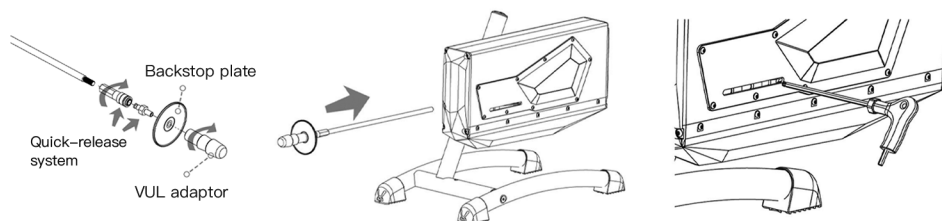
Setup

01 Unfold the frame and fit the legs



Lay the unit flat. Release both quick-release levers, swing out the leg T-piece, then relock. Carefully turn the unit upside down. Fit the left and right legs as shown using the supplied bolts and 5 mm hex key, then turn upright. The front lever adjusts height; the rear adjusts angle. Adjust and lock each in turn; tighten the opposite nut if clamping resistance is too low. Check that all four feet touch the floor and the unit cannot be moved by hand in its clamps.

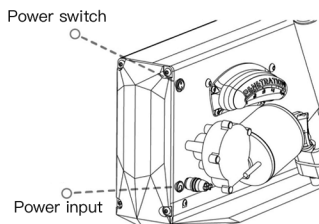
02 Assemble, insert and secure the thruster rod



Slide the backstop plate over the threaded end. Fit the quick-release assembly, Vac-U-Lock adaptor and attachment as shown. Insert the thruster rod fully into the slider block. Pass the long end of a 5 mm hex key through the securing slot and tighten the retaining screw clockwise. Check that the thruster rod cannot turn; do not run the machine until it is secure. To remove the rod, loosen the screw only about half a turn anticlockwise. Do not remove the screw.

Power and first use

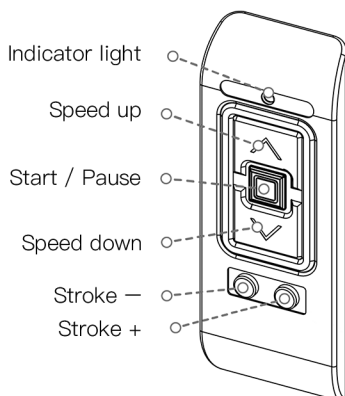
03 Connect the power



Keep the power switch off. Fully insert the dedicated power adaptor into the power input at the rear of the unit. Connect the power lead to the adaptor and wall socket, then switch on.

Use a properly earthed socket that is easy to reach and unplug from. The supply circuit must have a circuit breaker and earth-leakage protection.

04 Set a short stroke, then test at low speed



Insert one 12 V 23A (MN21) battery.

With the power on, hold the lower “Stroke —” button to set the shortest stroke first.

Before starting, keep people and obstacles clear of the full range of movement. Press “Start / Pause” to start, then set a low speed. Increase speed gradually once familiar with the controls.

Use the up and down buttons to adjust speed and the lower “— / +” buttons to adjust stroke. Press the centre button to pause. Restarting resumes the speed used before pausing.

Connect the app

Enable Bluetooth on your phone → Open F–Machine Connect → Select ALPHA

Note: The remote is temporarily unavailable while the app is connected. Remote control resumes when the app is disconnected.

Pausing is not a substitute for disconnecting the power. After use, switch off and unplug from the wall socket.

Use and safety

- Place the unit on a dry, firm, level floor. Do not place it on a bed or raised surface.
- Make sure you can stop the machine and move away freely at any time. Keep hands, hair and clothing away from moving parts.
- Switch off and unplug before adjusting, changing attachments or cleaning.
- Do not wash the unit or power supply with water. The motor gets hot: do not touch or cover it.
- If the unit wobbles, makes unusual noises, shows a red fault light or the controls malfunction, stop and unplug immediately.
- See the enclosed manual for detailed safety information, cleaning, maintenance and troubleshooting.